

To
Hiring Manager

Subject: Committed **HSE Engineer** Ready to Enhance Safety of an organisation

Dear Hiring Manager,

I am excited to apply for the **HSE Engineer** position at organisation. With over a decade of experience in Health, Safety, and Environment (HSE) roles, I bring a wealth of knowledge and a proven track record in developing comprehensive HSE plans and conducting thorough audits.

Currently, as a Health Safety Environment Coordinator at Specialized Industrial Services Company (SISCO), I oversee field safety officers, prepare traffic management and emergency response plans, and ensure compliance with safety protocols. My role involves collaborating with various departments to draft Job Safety Analyses (JSAs) and method statements, empowering me to halt unsafe activities and take immediate corrective actions. This experience has honed my skills in improving HSE practices and compliance across project sites.

Your Organisation's commitment to transforming natural resources through innovative engineering resonates with my passion for fostering a culture of safety and compliance. I am eager to contribute my expertise in HSE management systems and my collaborative approach to support your mission of making energy transition happen. My background aligns well with your needs, and I am enthusiastic about the opportunity to be part of your esteemed organization.


Thank you for considering my application. I look forward to discussing how my experience and skills can contribute to organisation's success.

Sincerely,

Engr. Ijaz Ahmad

Contact: +966533723092

ijazabuami9753@gmail.com

Engr. Ijaz Ahmad Health, Safety & Environment Engineer**Contact details** ijazabuami9753@gmail.com**Mobile:** +966-533723092,**WhatsApp Number:** +966569499583 (Only) [LinkedIn: Ijaz Ahmad](#)**Date of birth:** 12/Oct/1990 Riyadh, Saudi Arabia**Pakistani National (Transferable Iqama)**

Professional Summary

BSE Electronics Engineer leveraging 10+ years in HSE experience in oil/gas, power plants, Process plants, Infrastructure and construction sectors. Expert in NEBOSH Process Safety Management, ISO 45001, NFPA and OSHA standards, Saudi labor law and vision 2030 HSE goals compliance. Proven success in reducing workplace incidents by **35%+** through risk assessments, Job Safety Analysis (JSA), HSE audits, safety training and other proactive approaches. Bilingual (English, Arabic & Urdu) with hands-on experience in Saudi Aramco, Qiddiya, SEC, and SINOPEC projects.

Core Competencies

- **Regulatory Compliance:** OSHA 30-Hour, ISO 45001:2018, Saudi Aramco CSM, SEC 5-Star safety management system, Qiddiya (vision 2030) CSM, permit to work compliance, Saudi Labor Law & vision 2030 EHS goals compliance,
- **Incident Management:** Reporting Incidents, Categorizing Incidents, Prioritizing Incidents, Investigating Incidents, Implementing Preventative Measures, Incident Communications, Continuous Improvement, Root Cause Analysis (RCA), Near-Miss Investigations, Corrective Actions
- **Emergency Preparedness:** ERP Development, Fire/Explosion Mitigation, Heat Stress Management, emergency evacuation drills
- **Safety Management System:** HSE Management Systems, Safety Risk Management, Safety Assurance, Safety Promotion, Safety Policy, EHS Compliance, Behavior-Based Safety, Hazard Identification (HAZID)/Hazard and Operability Study (HAZOP), Hazard Identification and Risk Assessment (HIRA), P&IDs, SOPs, Management of Change (MOC)
- **Technical Skills:** MS Office, Aconex operations, Oracle NetSuite, Risk Assessment Software, SA safe life portal, proficient use of Computer systems
- **Traffic Management:** Competent in Planning the safe movement of Live traffic, developing and implementing traffic management plans (TMPs), Compliance with the Manual on Uniform Traffic Control Devices (MUTCD), Saudi Highway codes relevant to the traffic controls and traffic management and road diversion etc.
- **Personal Skills:** Time management, Work under pressure, Teamwork, Well Organized, Creativity, Analytical thinking, Details Oriented, Presentation, Leadership
- **Languages:** English (Fluent), Arabic (Basic), Urdu (Native)

Education & Certifications

- BS Electronics Engineering | COMSATS University Islamabad | 2011-2014
- Diploma in Health, Safety & Environment | Board of Science & Technical Education | 2014-2016
- Diploma of Associate Engineer: Electronics | Board of Science & Technical Education | 2007-2010
- NEBOSH Process Safety Management | NEBOSH UK | 2024
- ISO 45001:2018 Lead Auditor | CQI-IRCA Approved | 2024
- OSHA 30-Hour General Industry | IASP | 2021
- IOSH Managing Safely | Institution of Occupational Safety and Health | 2021
- NEBOSH IGC Occupational Health and Safety | NEBOSH UK | 2020
- Technical course: Computer and Technical | Punjab Information Technology Board | 2019
- Computer applications: (MS Office & IT Basics) | Government Community partnership project | 2006
- ASP (BSCP): Associate Safety Professional | In-Progress | Expected Dec 2025
- IOSH Train the Trainer (IOSH Academy) In-Progress | Expected-Aug 2025

HSE Approvals

- | | |
|--------------------------------------|---|
| • Saudi Aramco Approved | Saudi Electricity Company approved |
| • Qiddiya approved (vision 2030 KSA) | Saudi Engineering Council accreditation |
-

Work Experience**HSE Supervisor****Specialized Industrial Services Company Ltd. (Jafurah & Qiddiya Project) | Jul 2023 – Present**

- Be accountable and responsible for the performance of field safety officers under my supervision

- Stop work authority implementation to ensure the unsafe acts and conditions are rectified prior to start work
- Understand the health and safety requirements of the contract by the applicable documents
- Active participation and Coordination in the Project Job X meetings, Planning and progress, Kick of Meetings to ensure the compatibility with the operations
- Ensure the contractor and subcontractor personnel attend the safety orientation and safety training
- Monitor and conduct the regular site inspections to document the findings and follow up for corrective actions
- Supervise and coordinate with Site Traffic Management Supervisors for the implementation, maintenance, and decommissioning of TDPs, TTMD as per approved plans.
- Arrange the necessary Traffic Control Devices (TCD) for TDPs in collaboration with the Project site management
- Communication of HSE rules and standards to the contractor and subcontractor workforce
- Provide/Assist in the safety training and other safety awareness sections
- Maintain and retain Record the Safety meetings, agendas and personnel attendance records, workplace injuries/illness, near miss, fires, MVA, property damage, or other incidents like crane and lifting works
- Maintain and retain the records of Incident investigations, HSE audit and findings, site monitoring data, Equipment inspections etc.
- Participate in incident investigations, safety meetings, drills
- Ensure the general safety rules are printed in languages understood by the personnels, and posted on each worksite
- Developing and implementing the site specific HSE plan, CSSP for grassroot projects, work at height plan, HIRA, traffic management plans/traffic diversion plans, heat stress plans, emergency response plans, risk assessments/management and method statements aligned with legal and client requirements
- Ensuring safety and environmental compliance during the design, construction, and operation of power transmission infrastructure
- Identifying potential hazards associated with transmission line construction and operation, assessing risks, and developing mitigation strategies
- Train and aware the workforce with the Health, Safety and environmental standards, policies, procedures e.g. OSHA, NFPA, Saudi Aramco & Qiddiya construction safety manual, applicable SA General instructions, Saudi Arabian vision 2030 HSE goals etc.
- Led emergency evacuation drills for 500+ personnel, cutting evacuation time by 25%
- Lead and participate in health and safety audits & inspections
- Work collaboratively with all relevant stakeholders to drive a positive health and safety culture.
- Assist in compiling reports in a timely and accurate manner
- Conduct thorough risk assessments and safety audits to identify potential hazards and recommend corrective actions
- Investigate accidents and incidents to determine root causes and develop preventive measures
- Ensure compliance with local and international HSE regulations and standards
- Attend & contribute to various meetings regarding health & safety performance

HSE Engineer (Saudi Electricity Company Approved)

KEIR International Co. Ltd. (Contractual assignment) | Riyadh, Saudi Arabia | Jun 2023 – Jul 2023

HSE Supervisor (Saudi Aramco Approved)

SINOPEC Engineering Group (Debottlenecking project) | Ras Tanura, Saudi Arabia | Dec 2022 – May 2023

- Spearheaded ISO 45001 implementation across 3 grassroots projects, achieving 100% audit compliance
- Understand the health and safety requirements of the contract by the applicable documents
- Active participation and Coordination in the Project Job X meetings, Planning and progress, Kick of Meetings to ensure the compatibility with the operations
- Ensure the contractor and subcontractor personnel attend the safety orientation and safety training
- Monitor and conduct the regular site inspections to document the findings and follow up for corrective actions
- Authored 20+ JSAs & Risk Assessments for high-risk tasks, HSE audits and inspections ensuring alignment with Saudi Electricity Company standards
- Ensuring safety and environmental compliance during the design, construction, and operation of power transmission infrastructure

- Identifying potential hazards associated with transmission line construction and operation, assessing risks, and developing mitigation strategies
- Communication of HSE rules and standards to the contractor and subcontractor workforce
- Provide/Assist in the safety training and other safety awareness sections
- Maintain and retain Record the Safety meetings, agendas and personnel attendance records, workplace injuries/illness, near miss, fires, MVA, property damage, or other incidents like crane and lifting works
- Supervise and coordinate with Site Traffic Management Supervisors for the implementation, maintenance, and decommissioning of TDPs, TTMD as per approved plans.
- Arrange the necessary Traffic Control Devices (TCD) for TDPs in collaboration with the Project site management
- Maintain and retain the records of Incident investigations, HSE audit and findings, site monitoring data, Equipment inspections etc.
- Conduct/Participate in the emergency response drills, prepare and communicate the drill reports
- Ensure the general safety rules are printed in languages understood by the personnels, and posted on each worksite
- Developing and implementing the site specific HSE plan, CSSP for grassroot projects, work at height plan, HIRA, traffic management plans/traffic diversion plans, heat stress plans, emergency response plans, risk assessments/management and method statements aligned with legal and client requirements
- Attend & contribute to various meetings regarding health & safety performance
- Train and aware the workforce with the Health, Safety and environmental standards, policies, procedures e.g. OSHA, NFPA, Saudi Aramco construction safety manual, applicable SA General instructions, Saudi Arabian vision 2030 HSE goals
- Be accountable and responsible for the performance of field safety officers under my supervision
- Conduct thorough risk assessments and safety audits to identify potential hazards and recommend corrective actions
- Investigate accidents and incidents to determine root causes and develop preventive measures
- Ensure compliance with local and international HSE regulations and standards

Senior Safety Officer (Saudi Aramco Approved)

C.A. T Group (OMPPD Hawaiya Project) | Abqaiq division, Saudi Arabia | Dec 2021 – Nov 2022

Senior Safety Officer (Saudi Aramco Approved)

Al Robaya Holding Co. (OMPPD Haradh) | Haradh, Saudi Arabia | June 2020 – Nov 2021

- Understand the health and safety requirements of the contract by the applicable documents
- Active participation and Coordination in the Project Job X meetings, Planning and progress, Kick of Meetings to ensure the compatibility with the operations
- Ensure the contractor and subcontractor personnel attend the safety orientation and safety training
- Maintain and retain the records of Incident investigations, HSE audit and findings, site monitoring data, Equipment inspections etc.
- Participate in incident investigations, safety meetings, drills
- Ensure the general safety rules are printed in languages understood by the personnels, and posted on each worksite
- Report the incident to the line manager and coordinate in incident investigations and corrective action plans
- Ensure the compliance with the basic welfare facilities requirements at worksite
- Record the behavioural safety observations, unsafe acts and conditions, update the training metrics, and training need analysis with the coordination of line manager
- Assist in compiling reports in a timely and accurate manner
- Attend & contribute to various meetings regarding health & safety performance
- Toolbox talk awareness provision to the workforce regarding the Health, Safety and environmental standards, policies, procedures e.g. OSHA, NFPA, Saudi Aramco construction safety manual, applicable SA General instructions
- Implementation of contractor HSE Policies e.g. Stop work, no smoking, no supervision, no work, bad weather, no permit no work at the worksite, and posted on the HSE bulletin board
- Assist in investigation of incidents to determine root causes and develop preventive measures
- Assist in delivery of safety training and educational programs for employees and subcontractors
- Maintain clear and accurate records of safety-related documentation, reports, and statistics
- Coordination in the Work permit system implementation and HSE requirements

- Conduct and assist the safety orientations and the other safety trainings for the contractor and subcontractor employees
- Reduced workplace incidents by 30% by updating the MS, JSA, training, MOC implementation
- Achieve the 2.5 million safe man hours by proactive and leading indicators implementation on worksite

Safety Officer (Saudi Electric Company Approved)

Al Sharif Group (construction of SEC Power Plant) | Rabigh, Saudi Arabia | Jan 2018 – Apr 2020

Safety Officer

AFAC Crusher Plant (Al Jubail Plant) | Al Jubail, Saudi Arabia | Dec 2016 – Nov 2017

Senior HSE officer

- Oversee Saudi Electricity Company HSE plan and procedure implementation and procedures
- Conduct and participate in the toolbox talks, training sessions, safety audits
- Ensure compliance with regulatory and client HSE standards
- Ensuring safety and environmental compliance during the design, construction, and operation of power transmission infrastructure
- Identifying potential hazards associated with transmission line construction and operation, assessing risks, and developing mitigation strategies
- Report the incident to the line manager and coordinate in incident investigations and corrective action plans
- Conduct and assist the safety orientations and the other safety trainings for the contractor and subcontractor employees
- Collaborate with project teams to promote a safety culture
- Ensure the compliance with the procedures e.g. log out tagout, SEC five-star safety management system, work at height, heat stress plans, risk assessment/JSA, Method of statements
- Implemented Safety management systems, slashing electrical arc flash incidents by 35% in a Year
- Conduct the daily site equipment and tools inspection including the crane, rigging equipment and documents the findings, coordinate with site supervision to ensure the rectification timely
- Conduct the daily site inspections to identify the Hazards and controls for: chemical reactions, bulk storage of dangerous substances, fire and explosion
- Reduced workplace incidents by 25% by updating the MS, JSA, training, MOC implementation
- Ensured the proper implementation of LOTO system to protect the workforce from sudden restart of energy sources (Electrical, Mechanical etc.)
- Conduct and assist the safety orientations and the other safety trainings for the contractor and subcontractor employees
- Record the site data monitoring e.g. heat stress index, workplace injuries/illness, incidents, weather conditions, fuel consumptions, carbon emissions, dust and asbestos containments etc.

Instrumentation and Control Engineer

AL-MOIZ power plant (Boiler operations, Power Plant) | Mianwali, Pakistan | Jan 2013 – Dec 2014

Key roles and responsibilities:

- Checking and inspection of Turbines, Boilers, transformers for the proper operations e.g. pressure temperature, flow and vibrations switches and interlockings, MI calibrations and operations, Ph/defecation sensors calibrations, Installation of electrical pole and transformers and pre inspections

Professional Affiliations

- Saudi Council of Engineering membership HSE Technician (#935716)
- Member, COMSATS University Alumni Committee

Professional References

- | | | |
|--------------------------------|--|--------------------------|
| • Mr. Abu Talib | Project Manager SISCO CO. (Qiddiya Project) | Contact # +966-559499744 |
| • Mr. Tinomon Thomas | Site Operations Manager Qiddiya DP | Contact # +966-534398704 |
| • Mr. Ernesto R Escosio | Saudi Aramco PMT Advisor (Jafurah URMPD Project) | Contact # +966-536279199 |
| • Mr. Abdul Qadir | Saudi Aramco PMT Advisor (Hawaiya OMPPD Project) | Contact # +966-500692604 |
| • Mr. Masroor Ali Khan | HSE Manager Al Robaya Holding Company (OMPPD) | Contact # +966-591982128 |
| • Mr. Mehmood Tabasum | HSE Manager C.A.T Group Hawaiya (OMPPD) | Contact # +966-594483700 |

Resident ID Information

Resident ID / IQAMA Status

- Valid transferable Iqama (2541751885)
- Valid Saudi Arabian govt light vehicle driving License (offroad driving training)